LGBT+ Messaging for the campaign:

You can incorporate these into the campaign, on social media or even your posters for this year, the bold is the key message and the un-bolded is the follow up details to use where possible.

LGBT+ safety is not a plus. It's essential. Galop is run by LGBT+ people, for LGBT+ people. Get in touch with Galop's National LGBT+ Rape and Sexual Abuse Helpline on 0800 999 5428 or via webchat at galop.org.uk.

Safer spaces for all: supporting LGBT+ survivors of sexual violence. You don't have to be sure what happened to get in touch with Galop. You can contact the National LGBT+ Rape and Sexual Abuse Helpline by phone at 0800 999 5428, via email at help@galop.org.uk or through webchat at galop.org.uk.

Everyone has the right to be themselves, free from violence, abuse and discrimination. Galop is here to support LGBT+ people across the UK. You can contact the National LGBT+ Rape and Sexual Abuse Helpline by phone at 0800 999 5428, via email at help@galop.org.uk or through webchat at galop.org.uk.